

Research Your Natural High

YOUR #1 NATURAL HIGH: _____

Research your natural high by looking for the following information:

1. Who? (Who are other people that share this natural high?)
2. What? (What else did you learn about your natural high? What makes your natural high so fun and unique?)
3. When? (When can you plan to experience your natural high? What seasons of the year? How soon in your life? Today?)
4. Where? (Where can you experience your natural high?)
5. Why? (Why is your natural high important to you?)
6. How much? (How much does your natural high cost? Are there ways to save money?)



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Research Your Natural High

YOUR #2 NATURAL HIGH: _____

Research your natural high by looking for the following information:

1. Who? (Who are other people that share this natural high?)
2. What? (What else did you learn about your natural high? What makes your natural high so fun and unique?)
3. When? (When can you plan to experience your natural high? What seasons of the year? How soon in your life? Today?)
4. Where? (Where can you experience your natural high?)
5. Why? (Why is your natural high important to you?)
6. How much? (How much does your natural high cost? Are there ways to save money?)



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